

**DOWNHAM
& DISTRICT**

**FUN
CYCLE RIDE**



WHEN

**Armed Forces Day
June 24th
09:00**

WHERE

Start at the Howdale

Downham Market

Cycling through · **Downham Market** · Stow Bridge · **Runcton Holme** · Wickenhall St Germans · **Wattlington** · **Marham** (feed station at The Aviation Heritage Centre) · **Barton Bendish** · Boughton · **Stoke Ferry** · Wretton · **Stradsett** · Hilgay · **Denver** ·

CONTACT ANDY FOR MORE DETAILS

andyckerr@aol.com

**ALL AGES
WELCOME**

**APPROX 50
MILES**

No need to ride the whole route, drop in and out where you like

RIDERS

£10 to sponsor a poppy

**SPONSOR A
POPPY**

Poppies will be placed on war graves within the district. Sponsor a poppy for £10, no need to ride

**ALL
PROCEEDS TO
THE POPPY
APPEAL**

